



**Flip Cup Regatta
Island Heights Yacht Club
Saturday, July 14, 2018**

FLIPPING INSTRUCTIONS

1 RULES

The regatta will be governed by the rules as defined in *The Flipping Rules of Island Heights Yacht Club*.

2 ENTRIES

Competitors may enter by emailing Kate Scholes their Team Name and teammates and paying the \$30 per member entry fee by July 11th at IHYC.com or \$35 per person on site at 18:00 on July 14, 2018

3 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located on the back porch of Island Heights Yacht Club.

4 SIGNALS MADE ASHORE

Signals made ashore will be displayed on the white board located on the back porch of the Island Heights Yacht Club.

5 SCHEDULE

A competitors' meeting will be held at 19:05 hours on the back deck of IHYC. The warning signal for the first race will be at 19:10. Subsequent races will be held as soon as possible after the end of the previous race.

6 RACING AREA

The racing area will be two (2) 6 foot tables on the back deck.

7 COURSE[S] and MARKS

The course will be windward leeward once around. Each competitor will be required to successfully flip two cups in the course of a race. Each cup will be filled to the designated line on each cup. No drink will be consumed while another team mate is in the process of flipping.

8 STARTING SYSTEM

The start of the race will the following system: Down, Up, Down, Drink. Where "Up" is a cheers to your competitor. The following team mate can not begin drinking until the predecessor has successfully flipped his cup.

9 TIME LIMIT

The time limit for each race will be the amount of time needed for the first place team to complete the course.

10 PENALTIES AND PROTESTS

All protests must be made known to the Judge during the race. A Judge's decision cannot be appealed. If the Judge raises a red flag a rule has been broken and then infracting team will be required to drink an extra half-cup per infraction and successfully flip the cup before completing the race. ■

Penalties: Any obstruction of an opponents flipping (i.e. blowing, swatting cup away, etc), OCS (flipping prematurely), not filling cup to minimum level (first line of red solo cup).

11 SCORING

The tournament will be double elimination. The winner of the final game will be the winner of the tournament.